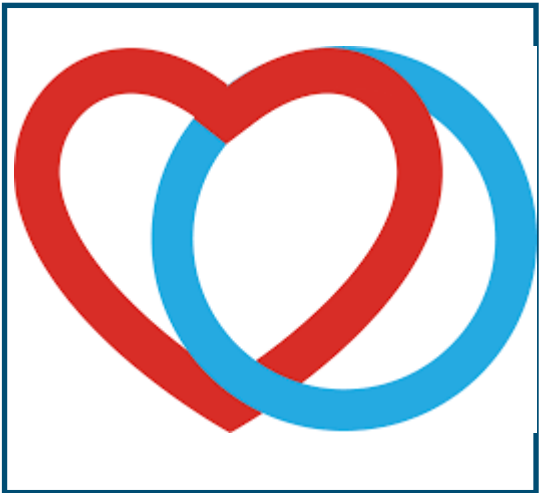


CT Behavioral Health Homes



**NOVEMBER IS
AMERICAN DIABETES
MONTH**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 National Diabetes Education Week	5	6 National Healthy Eating Day	7	8	9	10
11 Veteran's Day	12	13	14 World Diabetes Day	15	16	17
18	19	20	21	22 Thanksgiving	23 Random Act of Kindness Friday	24
25	26	27 Giving Tuesday	28	29	30	

Did you Know: According to the CDC, more than 30 million people in the United States have diabetes, and 1 in 4 of them don't know they have it.

Resources

Community Resources

- [Dept. of Public Health](#)
- [Mobile Food Pantry Schedule](#)
- [CT Network of Care](#)
- [CT Education Programs](#)

Online Resources

- [What is Diabetes](#)
- [2017 Diabetes Statistic Report](#)
- [Diabetes Care Standards](#)
- [Diabetes Prevention](#)

Toolkits and Handouts

- [MY Plate Toolkit](#)
- [Blood sugar diary](#)
- [Pre Diabetes Test](#)
- [Diabetes Facts](#)
- [Healthy snack PDF Spanish](#)
- [Healthy snacks PDF English](#)

BHH Services

Comprehensive Care Management— Integrate diabetes management into care plan goals and review health history to determine individual client needs.

Care Coordination— Link clients with providers to help care for diabetic needs. Assist clients with attending appointments and scheduling follow ups as needed.

Health Promotion— Educate the client on ways to manage diabetes and live a healthy lifestyle. Support the client with learning more about diabetes.

Comprehensive Transitional Care— Create a discharge plan with hospital staff to incorporate the diabetic needs of the client. Review any new medications prescribed to verify they are

Patient and Family Support— Coach the client and family with ways to incorporate diabetes maintenance in daily life. Provide resources for diabetic meal planning and diabetic care.

Referral to Community Support Services— Support client with referrals to diabetes education groups in the community. Work with the client and PCP to determine if a specialist is needed for additional services.

