



**BHH Designated Provider Agency  
Implementation Session  
January 13, 2017 • 1:30pm – 3:00pm  
Beacon Health Options, Huntington Room, 4<sup>th</sup> Floor**



**Attendance:** DMHAS (Jessica DeFlumer-Trapp, Lauren Staiger); Bridges (Dawn Silver-DeAngelis, Valerie Mallard, Trish Kramer); BHcare (Sandy Lombardi, Alex Kosakowski); CHR (Donna Wertz); CMHA (Deb Dutkiewicz, Chris Porcher); CMHC (Lisa Lanouette); CRMHC (Kristen Russell, Judy Moran-Lounsbury); InterCommunity (Colleen Mastroianni, Leticia Santiago); Rushford (Jennifer Williams); SMHA (Karen Butterworth-Erban) Sound (Enrique Juncadella, Diana Ryan); SWCMHS (Dorothy Washington, Anthony Cretella); United Services (Lori Behling, Jennifer Rossi); WCMHN (Arlene Arias, Ellen Severn); ASO (Amy Miller, Denise Roberts)

**Call-In:** Rushford (Valerie Walton); SWCMHS (Angela Richards); WCMHN (Debra Comer)

### **1. Introductions**

#### **2. Provider Spotlight – CMHA: Comprehensive Transitional Care Services**

- a. Started going around to hospitals and providers in the area during the implementation stage of BHH, before Transition Coordinator was hired
- b. Introduced BHH with the motto: “I can give you a benefit”
- c. Hospital Transition Coordinator participates in all the weekly meetings with the hospital and is a member of the CCT
- d. Process: Client admitted to ER → Discharge coordinator at hospital contacts CMHA Transition Coordinator → Transition coordinator tracks the person’s progress → Discharged planning is immediately started → Teams are contacted for clinical recommendations → Discharge plan is emailed to case manager, medical director, etc
- e. Clients are not discharged from the hospital without transportation. Clients are not discharged from the hospital in the middle of the night
- f. Transition coordinator is the only point of contact for the hospitals and acts as liaison between hospital and client’s clinical team
- g. ERs send CMHA weekly report of BHH clients that were hospitalized

### **3. Updates**

- a. **January 25<sup>th</sup> Retrospective** – focus of this meeting is to take a look back and a look ahead. Will also frame out data and focus on strategic planning goals. Jessica will send out invite sometime in the upcoming week. If there are any articles providers would like to add to the PowerPoint presentation, they should email them to Denise at [drobot@abhct.com](mailto:drobot@abhct.com).
- b. **Integrated Practice Assessment Tool (IPAT)** – providers are expected to meet with their teams and complete the IPAT. Information obtained from the assessment tool will be used to create a display for the 2017 NATCON

conference. The IPAT should be mailed back to ABH no later than Wednesday, February 1, 2017. If there are any questions, call the toll-free line at 1-844-551-2736 or email Denise at [droberts@abhct.com](mailto:droberts@abhct.com).

- c. **Report Cards** – The January 2017 report cards are still in the process of being created. PNP's will have health assessment information available; the state-operated's health assessment information will not be available for January. Depression screening information will not be available to any of the providers. The "Services by LOC" Chart will show a list of all programs, not levels of care.
- d. **ProviderConnect** – Providers are encouraged to obtain access to ProviderConnect. While the Beacon FTP site is still the primary place for reports, eventually ProviderConnect will allow providers to run these reports on their own, in addition to providing access to Beacon's Spectrum. Attendees were given a copy of the ProviderConnect Provider Request Form. You can also download this form from the Beacon website at:  
[http://www.ctbhp.com/providers/forms/Account\\_Request\\_Form.pdf](http://www.ctbhp.com/providers/forms/Account_Request_Form.pdf).

#### 4. Guest Speaker – Lisa Hyatt, Nutritionist

- a. Discussed the relationship between mental health and nutrition. Common themes:
  - i. GABA and its relationship with anxiety (More GABA = Less Anxiety)
  - ii. Benefits of a high-protein diet (Increases metabolism)
  - iii. Benefits of including good fats in diet (stay away from trans fats)
  - iv. Ways to buy healthy foods on a budget
- b. Lisa Hyatt's Contact Information:

**Lisa Hyatt, M.S., CHC**  
**Clinical Nutritionist**  
**247 Main Street, Office 202**  
**Old Saybrook, CT**  
**860-941-7251**  
[lisa@lisahyatthealth.com](mailto:lisa@lisahyatthealth.com)  
**lisahyatthealth.com**

#### 5. Upcoming Meetings

- a. January 25<sup>th</sup> **BHH Meeting: Year One Retrospective & A Path Forward**  
The Solarium, Paige Hall, CVH
- b. February 10<sup>th</sup> **Implementation Session**  
Huntington Room, 4<sup>th</sup> Floor, Beacon Health Options